

NEWSLETTER

March 2009 **PROJECT MANAGEMENT OFFICE- CUDDALORE** Edition- 15

From the editors' desk:



Dear subscribers,

March 2009 in HI- Cuddalore began with accounts and audit check, stock verifications and premeditated programmes designed by Dr.Sathiyababu who was designated as Deputy Head-PMO and Mr.ELango, Senior Manager- PMO. Head-HR, New Delhi's visit and internal auditor's visit induced staff with new Zeal and goal for the forthcoming financial year activities. The elder federations, DLF and VLF were also busy in accounts, bank deposits, settlements etc., during this month and preparing for electing their representatives(VLF/DFL elections) for the year 2009-10.

For comments/ suggestions please write to:
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2nd March: AVRMC – Free medical tests:

Free treatments/ medical lab tests were arranged for the elders at Arupadai Veedu Medical College, whom were scrutinised for medical check during the campaign held at TEV campus by the end of February 09. As per the AVRMC – Medical college Dean's permission, about 14 elders were taken complete medical check, lab tests, ECG, X-ray and elders Jeyamma (severe anaemic), Krishnasamy (multiple furunculosis), Murugiah (IHT) were undergone free treatment as inpatients for about a week in AVMC Hospital.

3rd March: Elders Meeting at TEV

TEV elders meeting was conducted at TEV open air theatre by 5 pm. The meeting was arranged by Residents representative council this time. The following points were discussed and resolutions were made.

- ✚ Elders whom were admitted in hospitals would be taken care by the active elders, prearranged by the Elders care committee
- ✚ Rameshwaram temple visit should be finalised with manager and a bus could be arranged
- ✚ Watering of plants in both green shades and around the pond area will be maintained by Agri. Committee. 5 more water pots to be purchased.
- ✚ Profit from the Income generation training programmes could be shared among the residents with prior permission

4th March: Case Presentation by the Care givers.

Caregivers are advised to present the case histories of at least 3 elders each/ week in front of the Manager and Senior caregivers. The resident applicant case presentation includes his/her family history, birth, marital, medical histories, possessions if any and reason for applying to TEV.



5th March: First Aid training for caregivers

First Aid – training cum orientation training was given to all the caregivers by the senior care givers team. They discussed about usage of emergency medicines, bandage techniques, care for burns, cutting and fall injuries. Orientation training was arranged on the same day for all the old and new staff on Standard Operating Procedures, ground rules formulated by the residents, elder's management committees, role of senior manager etc was explained by Mr.Siddick, TEV Manager.

6th March: TEV Staff meeting

TEV staff meeting was organised at Infirmary on 6th March. Mr.Elango attended. Following points were discussed.

- ✚ Daily reporting by Senior caregivers
- ✚ Medical care, IGP and provisions, Maintenance and cleaning were to be looked after by each of senior caregivers
- ✚ Provisions/ toiletries request should be submitted with duly approvals to APO well advanced
- ✚ Medicine requirements should be submitted with Doctors approval.
- ✚ Provisions/ toiletries/ medicine purchase, entry and issues could be maintained by senior care givers.
- ✚ Vehicle requisitions and doctors advice is required before taking elders to GH or any other hospitals for treatment.
- ✚ Caregiver's duty roster/ elders under medication / status of residents etc should be written and displayed daily on the white board provided.

7th March: Internal Auditors from HelpAge India, New Delhi visit

The auditors from HelpAge India Mr.Lal Mohan Singh and Mr.Swami visited TEV on 7th March. They audited project wise and gave suggestions / remarks on stock register maintenance, purchase and issue procedures, medicine stock check, accounts entries in tally etc. Earlier, Mr.Ramalingam – DD(F) and Manager-TEV took them around the campus and explained the varied activities in TEV.

16th March: Shri. Shivakumar Gandhigram Trust, visits TEV.

Shri.Sivakumar, a well known chartered auditor and treasurer of Gandhigram Trust visited TEV on 17th march. He chats with the residents, donated siddha medicines worth Rs.4000 and Rs.1000 as cash conation. He visited some of the villages, met VLF/DLF leaders and was very much impressed with HI activities in Cuddalore. DD (F) Mr.Ramalingam, Dr.Sathiyababu and Mr.Elango accompanied him. Siddha Dr.Mariappan who accompanied him gave a presentation during the Livelihood workshop organised by Efe on request of Shri.Arunachalam, Managing Trustee.



17th March: Hon'ble Judges of Cuddalore district visits TEV



Shri.Rampathiran, District Sessions Judge, Shri.Ashokan – Additional District Judge, Shri.Zakir Hussain, chief judicial magistrate Cuddalore visited TEV on the evening of 17th March. They met individual residents, enquired about their well being, food, clothing etc. EfE Managing Trustee and PMO staff accompanied them.

17th March: Elders' Rights and Livelihood workshop @ TEV

The coastal resources centre for elderly and Elders for Elders Foundation organised this advocacy workshop at TEV campus on 17th March. In this full day workshop a series of lectures and group discussion were arranged by Advocacy executive Ms.Rajalakshmi. About 35 VLF/ DLF representatives attended. Mr.Vedanayagam, Senior Advocate explained the participants about the Parents welfare Act 2007 in Tamil with LCD presentations.



The District sessions judges while addressing the workshop meet, agreed to give support in implementing the “District Elders Grievance and redressal committee” in Cuddalore to solve many of the elders’ issues. He also agreed to give space in the court for Elders Help Centre.

19th & 20th March: Head- HR and Director- Health visits TEV

Ms.Paromita Thomas, Head-HR, HAI visited TEV on her official visit to Chennai. On 19th March, She was explained about all the project activities by the concerned project managers and DD (F) Mr.Ramalingam. She addressed the PMO staff meeting on 19th evening and explained about the importance of Cuddalore pilot projects and HO New Delhi official’s keen interest in PMO activities. Dr.Jaideep, Director, Health explained about the centralised purchase of medicine at HO and requesting through MIS. He informed about new Doctor’s appointment as a Project Manager for Palliative care project and his role, reporting to HO etc. Earlier HR madam gave an orientation on HelpAge India’s objectives and goals to all staff.



20th and 21st March: Palliative Care Training Programme for Health Professionals:

A two days training programme for health care professionals on Palliative Care was conducted by Project Kiran staff and IPM Calicut at TEV campus. The programme was inaugurated with a lighting of lamp by Head-HR Ms.Paromita Thomas. About 27 Doctors from all taluks of Cuddalore District, faculty of community medicine, PIMS and AVMC attended. During this two days training headed by Dr.Mathew of IPM, the participants were explained about geriatric medicine, palliative care, treatments, integrated caring etc. The entire programme was arranged by Ms.Subha and Dhaya team on advice of Dr.Sathiyababu.



21st March: Meeting on linking IPM activities with EfE and CPCI:

A meeting was organised in TEV for linking IPM activities, Palliative care programmes with Elders for Elders Foundation and CPCI Cuddalore. Dr.Mathew of IPM- Calicut addressed. Mr.Elango, Dr.Sathiyababu and EfE/ CPCI representatives attended the meeting.



3rd March – 25th March: workshop for DLF/ VLF representatives – Venue: Mahabalipuram- Chennai

A three days thematic workshop was conducted by the CRCE team at Mahabalipuram- Chennai in link with Women's Collective, NGO. About 50 elderly representatives from VLF/DLF of Cuddalore, Nagapattinam, Vedaranyam and Kollam participated. They were given leadership training on planning, time management, and event management and presentation skills. Mr.Elango Sr.Manager and CRCE team arranged this event.



NSS Volunteers of Sree Jayaram Engineering College – Cuddalore.

Sensitization training on Palliative care was given to the Jayaram Engineering College students by the Project Kiran staff. Dr.Sathiyababu and Subha explained about the crucial role of volunteers in palliative care, helping the distressed patients with open heart. Mr.Dhaya, organised this meeting at college campus.



29th March: Press Meet – organised by Elders for Elders Foundation in link with CRCE.



Corporate Donor's Visit to TEV

The officials from Steel Authority of India Ltd (SAIL) visited TEV during 1st week of March. The visit was arranged on advice of National Director Mrs.Indirani



Rajadurai. SAIL wish to donate solar street lights and water heaters to TEV. Mr.John, from ND office, Chennai accompanied.

Proposed Activities for the month of April-2009

1st April: Staff meeting – March Month Review

3rd April: EfEF Executive Body meeting at TEV

7th April: World Health Day – awareness training.

7th April and 21st April: TEV residents Meet

10th April: meeting with Community Radio –puduvai vani staff

13th April – 16th April – HelpAge International Staff visit to PMO

13th April – 20th April: VLF elections in project villages

14th April: Resident Representative Council meeting

17th April: Training to Caregivers on COPD.

21st April – 23rd April: MYRADA-IFAD training on livelihood programmes for the tsunami affected.

24th April: Cuddalore DLF meeting at TEV.

25th April: Religious meeting – speech by Shri.Kandasamy, Sivanadiyar.